Welcome to the 5th dimension. You have arrived and are now learning to function in a new reality. This information will help you acclimate to the higher vibrations of the New Planet Earth where your real work is just beginning. The Game you have been playing is complete. You have graduated and are now creating Home on your side of the veil.

Welcome to the New Planet Earth.

Welcome Home

the Group

Life on the New Planet Earth is ever changing. Therefore, this book comes with a lifetime upgrade on personal inscriptions. Present this book to Steve or Barbara Rother in person at any time for an update.
Dedication

This book is dedicated to the Translation Teams of the Lightworker organization. Through the grace of these wonderful volunteers we are currently presenting information from the Group in 13 languages at the Lightworker web site. Thanks for your help in spreading the Light!

A special thanks to the man who stepped into his passion to help us all spread the Light:

Translation Team Co-Ordinator

Jean Paul ‘JP’ Dery
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This book is truly a ‘group’ effort. Barbara and I wish to give special thanks for those who make it possible to spread this Light.

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Thanks to a special lady who helps us give the work a touch of class.

Sandie Sedgbeer
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Introduction

“May you live in interesting times.”
— Chinese saying

There is no doubt in my mind that we have achieved that with room to spare. The events now unfolding on Planet Earth are unprecedented. To us it may seem like nothing is moving; that we are stuck in our own lives and progress. In reality things are happening in the blink of an eye. In this reality we walk down a hallway of linear time. The interesting part is that we think we are moving forward but, in fact, we are walking backward down this hallway. From this position we can only see our past, a little of our present and nothing at all of our future. You have changed more in the last five years than you have in the past five lifetimes. The Group says that I have cashed in all my Karma chips to be here at this precise moment in time. They say there is a reason I wanted to be here now and that my planning was perfect because here I am. The world as we know it is changing. Whether we like it or not, we humans are evolving and, like you, I am right in the center of the action. Yes, we certainly do live in interesting times.

About the Group

The Group’s message and our work is about human empowerment. It’s not always an easy message for us to understand because they are not sensational nor will they tell us which way to turn or what we ‘should’ do. They say we have a tendency to give away our power. This is why they rarely talk about themselves, who they are or where they come from. They want us to know that this is not about them … it’s about us.

The most the Group has ever revealed about their own origins is contained in the Beacons of Light message entitled “The Family of Michael,” which is available on the Lightworker web site. Their sole intention is to re-mind you what you came here to do and to help you to do it.

In This Book

The work of the Group is available on the web site: www.Lightworker.com. The monthly messages referred to are the Beacons of Light ~ Re-minders from Home. With the exception of Ana and the Bird and The Two Misdirections of Atlantis, this book contains entirely new material that has not been published elsewhere. Some of the chapters in this book are from live channels presented during our seminars. Others have been channeled expressly for this book.

This book is divided into four sections:
1. Current Events. Where we are, how we got here and where we are heading.
2. The New Planet Earth. Describes the new attributes of living in the 5th dimension on the New Planet Earth.
3. Questions to the Group. Answers from the Group on a wide range of topics taken from live channels.
4. Where Do We Go From Here? Points to re-member when creating a New Reality

The Group’s purpose is to prepare us for what lies ahead. In book one, Re-member, they provided us with the foundation. This book takes us to the next stage of our evolution and opens the doorway to discovering our full powers of creation.

At each of our seminars we include a live question and answer session with the Group. For
many people these are the highlights of our seminars. Since many of the questions raised at these sessions relate to what is happening in the world at this very moment, we have included a selection of the most enlightening and relevant Q & A’s here.

According to the Group, the events taking place right now have greater implications than we suspect. As startling and unexpected as some of these have been, they merely mark the beginning. The evolution of mankind has begun. The ball is rolling forward and now there is no turning back … are you ready?

**Double Decker Bus**

The Group has talked often about the great changes that we are now experiencing, and they have given us many insights into what lies ahead. However, they always make it very clear that they do not foretell the future … since we have yet to write it. They use the analogy of a double decker bus to explain their perspective. We are all drivers of our own bus. Imagine the Group as passengers on the upper deck who have an unobstructed view of the road ahead. They can help us by alerting us to potential hazards and unexpected twists and turns but they cannot predict how we will react or the directions we will take.

Nothing is predestined. Everything is a possibility

They say there is only one ‘rule’ that we have placed on the Gameboard … and that is the rule of Free Choice.

It is therefore important to the Group that you understand that whatever they say here should not be taken as a hard and fast prediction. It is simply the view as it exists from the top of the bus. You always have the power to change your life.
Section I

Current Events
Altering Cosmic Events to a Higher Outcome

Phyllis Brooks
Chapter I
Welcome to the New Planet Earth
Stepping into the 5th Dimension

Cosmic Events

Do you re-member the doom and gloom prophecies around the year 2000? Have you noticed that we are all still here? The Group says that these prophecies were real at the time they were made. Through our advances as a collective of humanity, we altered the outcome. Other events were set into motion that shall continue to unfold. The only difference is, their outcome will not be as originally planned.

As we crossed into the new millennium, the Group said the year 2000 would be the year of crystal intent. Whatever we did, thought or intended at that time would set the energy for the next twelve years to come. In turn, those twelve years would set the energy for the next millennium. Now we find ourselves in the years of action.

On April 2, 2001, a burst of raw ‘Light energy’ was emitted from our Sun as a solar flare. NASA classified this as an X20 – the largest in recorded history. On April 15, another solar flare measuring X16 occurred. Had either of these bursts of energy been pointed directly toward our Earth, they would most likely have knocked out many of the power grids and much of our electrical infrastructure. As it was, they still caused worldwide disruption in communications. At the same time, a lot of unexplained “gremlins” disrupted computer and internet services.

In an earlier channel the Group mentioned that the Sun’s polarity had been reversed, setting up the conditions for the vortexes on the Sun to erupt as solar flares. Now, here is the interesting part: This reversal of the Sun’s polarity was the trigger that was originally intended to set into motion the reversal of the Earth’s magnetic poles. According to the Group, this reversal has already happened five times in the Earth’s history. The polar shift that was originally scheduled to happen within the next few years was to be the sixth and FINAL reversal.

In short this was meant to be the beginning of the end. Instead, they set into motion a different series of events that are just now unfolding. The energy filtering on to the Earth as a direct result of these solar events is the Crystal Energy of the New Earth.

The Group says that the sun is due to reverse its polarity once again in the year 2012. The recent solar flares signal the beginning of an eleven-year period that will be like none that has gone before. The choices we make during this eleven-year period will determine the final outcome of the New Game. They advise us to choose our thoughts even more wisely now as our powers of creation are greatly enhanced. Even as you are reading this book, the everyday decisions you are making are contributing to the creation of the New Planet Earth. This is the call to Light. This is the true work of Lightworkers in all walks of life. This is the moment when your Light can make the biggest difference.

With recent terrorists events, we find ourselves right in the middle of a grand cosmic event. According to the Group, we are now standing at the crossroads. The prophecies of Armageddon are indeed being played out but we do have a choice as to how we will experience them. We have already changed the script to the extent that we have softened the impact of the anticipated apocalypse. The Group says to watch the ‘Red Dragon’ (China). If the ‘Red Dragon’ lies dormant, this will signify that humanity has moved past the marker that could have triggered the last great war. If the ‘Red Dragon’ becomes involved, what was predicted as Armageddon could
become a reality. What the Group wants us to understand is that we are the creators, the architects of our reality. It is entirely up to us where we go from here.

The Crystal Energy of the New Earth is a blending and balancing of the male/female energies that will take us to our next level of existence. The people who will resist this new balanced energy the most will be those the Group refers to as the ‘Old Guard’ (male dominated and often extremist groups such as the Taliban).

On August 25, 2001, there was another solar flare that tipped the scales on our planet. Although it was only an X5 the vortex of energy was angled more directly toward the Earth. This had the effect of drastically raising the new energy. To most of us this energy felt wonderful. However, this threatened the ‘Old Guard’ so much that it sparked a reaction a few days later on September 11.

And that’s not all. In addition to affecting our electrical systems, the Crystal Energy entering through the solar flares can drastically affect our emotional systems. Most Lightworkers are ‘energy empaths.’ This makes them overly sensitive to energy fields around them. To these sensitive people, the new energy is not infiltrating but rather bombarding us. All of this makes for a very confusing time for Lightworkers on our Planet.

Even though most people do not understand the implications of the cosmic script that is now being enacted, many intuitively know that something momentous is going on. The planet is no longer going to tip on its side as we have already re-written that script. At the same time, however, we are seeing many other cosmic events unfolding. This is the reason for the sense of cautious expectation that so many people are now beginning to feel. Exciting? A bit scary? You bet! Welcome to the New Energy. Our powers are now greatly enhanced. Funny thing about increased power, it also comes with increased responsibility … as many world leaders are now beginning to discover.

As in all things we have choice. We now have choice about how this new energy and this new power will affect us. Choose wisely your point of perception and the camera angle from which you view these events. Time and again the Group has said that many of us cashed in all of our ‘Karma Chips’ to be here at this pivotal time. Some of you even rushed back without resting between incarnations just to take your place in the front row. Expect the best and hold hands with those around you. Together we will create a miracle!

Greetings from Home

We see the smiles on your faces as those words reverberate throughout your very being. Here are some other words that we have shared with you often that reverberate with the same resonance of love: Welcome Home

Welcome to the 5th dimension. You have arrived here to accomplish the intentional creation of Home on your side of the veil. Your world and your Game are changing. You are now beginning to hold your powers of creation once again. This time you are intent on carrying that power while still remaining firmly within your bubbles of biology.

The 5th dimension holds possibilities of which you are not yet aware. The purpose of this book is to make you aware of them. We tell you that you have arrived in a new world. A primary attribute of this dimension is that the time lag of creation is drastically shortened. Here, when you have a thought, it will manifest much faster. Most people who are now stepping into the 5th dimension are unaware that they have arrived. Since their thoughts and expectations are still of a 3rd dimensional reality, what they see is a 3rd dimensional representation, which is actually a
reduced version of the magnificent creation that exists here. In other words, you are walking around in the indescribable beauty of the 5th dimension, yet, because you are viewing it through the same old 3rd dimensional glasses, you do not see what is really in front of you.

It will take time for most of you to understand that things are different here. Those of you who acclimate first to the higher potentials will help the others along. That is why you came here. The 5th dimension is a resting place for the new humanity and the location where you have already begun your creation of the New Planet Earth.

Please understand that here in the 5th dimension, things are different. One of the first things we ask you to begin releasing, even as you read this book, is the concept of right and wrong. It is time for the concept of cause and effect to take its rightful place. Understand, however, that it is not yet time for all of the attributes of the 3rd dimension to be replaced. We will speak more of this later. For now, we merely ask that you refrain from judging all 3rd dimensional attributes as bad, since ‘judgment’ is itself a 3–D attribute. Allow yourselves room to grow, knowing that this transition will take time, that as you acclimate, you will incorporate more of these higher truths into your being.

We are so very proud of you for your accomplishments. The work you have done could have been accomplished in no other manner. You look to us and see that our vibration is of a much higher frequency than your own. You look to us for guidance and wisdom. We tell you that it is we who are deeply honored to be in the presence of the masters of the Gameboard.

**The Old Game - The New Energy**

The Game as you originally devised it was to see if you could claim and hold your true power while still on the Gameboard. To that end, you agreed to wear the veils that have kept you from seeing who you are. You do not even re-member that you are heirs to the throne of forever. In fact, you are the sparks of God that are changing all that is.

Until recently, dreamtime was your primary access to your memories of Home. Now that your vibration is rising and the veil is thinning, you are re-membering Home in your waking state. This is why many of you have been experiencing a greater longing for Home. Some of you are experiencing these memories of Home as vivid dreams. Others are experiencing them as a profound sadness and yearning, like that of a child who has been sent far away from Home. At the same time, you are feeling anxious and restless, as if you know there is something important that you need to be doing but you cannot re-member what it is. However you experience these memories, be advised that the energy is rising and the Game is changing. Can you feel the anticipation in the air? Have no doubt; this is the most exciting time in the history of the Universe.

Even as we speak, you are creating the New Planet Earth.

**History from a Higher Perspective**

Since this is such a pivotal moment in your history, we shall take this moment to recap the events that have led to the creation of the New Planet Earth.

As we have already spoken, the Game began in this fashion: Think of what you call God as a circle of moving energy. In this form the God energy can see everything with the exception of one thing: It cannot see itself. In order to view itself, it needed to take finite form, i.e., create a beginning and an end. This was accomplished by twisting the circle in on itself, crossing over to form a figure eight. Interestingly, this is what you have called the infinity sign. As the energy continues to flow in this new configuration, it has to cross itself. Much like a grinding wheel, the
friction created at this magical point causes sparks to fly off in different directions. Because those brightly lit sparks have a limited life, they are the finite expression of the infinite energy.

Those sparks are your souls.

As sparks, you have created many Games. In some of those Games, you retained some recollection of your source and your original power. When you created the Game you are now playing, you wanted to make it more challenging. For the first time ever, you decided to play under the veil of complete forgetfulness. This kept you from seeing who you are and allowed the results of the experiment to remain untainted. As if that were not enough, you complicated things even further by insisting that in all matters, you would always retain free choice. In fact, you were to be the only planet of free choice.

Up to this point, the Game as you designed it has effectively kept you from seeing the full extent of your own power. And you wonder why you are so confused? Of course you have felt trapped and restricted – that is exactly how you intended it to be. As the finite expression of the infinite creator, it was important that you experience the restraints of finite space. Now that, too, is beginning to change.

**The Lesson: To Carry the Power of God**

Re-member, the entire purpose of the Game is to be able to study the nature of God. When you took finite form, you gave yourself a beginning and an end and left the circle of God. The circle of God is the first dimension. As you passed through the second dimension, you gained the properties of polarity. Then you entered the 3rd dimension where you have been playing the Game for quite some time.

Being finite in nature, it was necessary to specify an end point to the Game. You even scripted many possible endings. You humans are so imaginative!

For the longest time it appeared that you had set your goals entirely out of reach. Since you disallowed predetermination, you left the field wide open for any event to proceed. And that is exactly what happened. Certain events that occurred at the beginning took the Game much further into darkness than you had originally intended. As a result of these unforeseen events the veils became even thicker, causing you to fall into the dream from which you are only now beginning to awaken.

**The Cosmic Joke**

From our perspective in this first dimension of Unity, it was fascinating to watch as you walked around, unable even to see the power that you carry. Imagine the frustration we experienced as we watched you creating everything in your reality, unaware that you were the ones responsible for everything that was happening around you. The interesting part was watching you in your self-created field of polarity, creating belief systems to support your illusions of polarity.

Your perception was that everything was finite. You therefore created paradigms and beliefs that you needed to explain and justify your own perceptions. A good example is your belief in lack. Lack cannot exist in infinity, which is why it does not exist on this side of the veil. What you have yet to recognize is that lack is just a reflection of your belief that your soul is as finite as your body. Lack is just a reflection of your belief in restriction, which stems from being constrained in finite form. Therefore it is natural for you to believe that there is a restriction on abundance. This restriction is of your own creation; it is all in your own mind. We have a lot more to share with you on this subject, as you will discover when we reveal the Five Traditions.
For now, we will tell you something quite astonishing; the cosmic joke is that you are not just a spark of God, you are God. This means that you have exactly the same powers of creation. Watching you wander around thinking that you have no control when, in reality, you create everything brings us great humor. Knowing this, you can see how we are so amused when you ask questions such as, “Why do bad things happen to good people?” Even more humorous is when you ask, “Why do good things happen to bad people?” You humans are such fun to watch! You take your Game so seriously.

The Earth Connection

You will recall that we have spoken previously of your connection to the Earth. You will re-member that we said that at the beginning of the Game you did not inhabit dense physical bodies, but rather, you occupied bodies of pure light. At that time, the Earth was vibrating at a much higher rate, and consequently its temperature was extremely high. As the Earth cooled and gained density, your relationship to Her began to weaken. It was as if the two of you were evolving at different rates and thus were pulling apart.

This was the point at which you decided to take on a denser form yourself. You accomplished this by ingesting elements of the Earth such as leaves and sprouts. As your Lightbody began to adjust, you then started consuming nuts and fruits. It was not long before you were eating very dense foods, not only from the plant level but also from the animal level of vibration. Today you still ‘ground’ yourselves in this same manner. This explains why the Keeper is so fond of chocolate. This was the beginning of what you know today as biology, which is your spirit inhabiting a combination of plant and animal life. At the time, you thought this evolution from Lightbody to dense body was taking forever. From the larger perspective, it took place in the blink of an eye.

Does this sound familiar? Can you see the parallel? The events that we have just described are a mirror image of what you are experiencing now. In other words, the events are now in reverse.

Earth Makes a Decision to Ascend

As you devised the Game, the period that you call the Industrial Revolution was set to mark the beginning of the end of the Game. However, at the very last moments in the Game, you began to stir and awaken. As you are now beginning to discover with your own sciences, the Earth is a living, sentient being. We are now going to show you how strong the connections are between you and the Earth.

You are aware that your bodies have several levels, of which your physical body is the densest. In the same way the Earth has several levels, which we call overtone levels. Just a few of these overtone levels are the mineral kingdom, the plant kingdom, the animal kingdom, and – are you ready for this? – human beings. There are many other overtone levels of which you are not even aware, but that will change very soon.

About 60 years ago, you began to awaken from the dream. At this point the Earth Herself made a decision to begin moving to a higher vibrational level. To accomplish this, She needed to raise her temperature. Without any conscious forethought, you did your part in assisting Her in this process. This has led to what you know today as Global Warming. You see this as harmful and devastating to your environment. But we tell you this was in perfect order as, without it, the Earth would not have been able to move forward. This is just one illustration that demonstrates
why your relationship to the Earth is inseparable. Please understand that it is therefore vital to your own continued existence that you learn to create together with the Earth.

You have already moved to a higher vibrational level. What went before was perfect but you must now discontinue your actions of lower vibrational living and focus your creative abilities on working together with the Earth.

The Earth is now raising Her temperature again and, as she does, your relationship to Her will once more need adjustment in order to keep your full energy connection. This adjustment has already begun. Your human biology is now changing, and the hidden strands of DNA are reconnecting. Changes are taking place within your own physical and ethereal bodies. Your own range of perception is widening and, yes, the veil that you designed so well is thinning. You are drawing closer to Home every moment.

The Aspen Grove

Even your true energy connection has been kept from you in order to facilitate the game and, though they are thinning, the veils you wear are still firmly in place. Your connection and your true power have been with you since the beginning. You are now seeing small glimpses of Light through these veils. To keep your energetic connection to the Earth and all things as you shift dimensional levels, we offer you this simple explanation. It is a favorite of the Keeper.

There is a grove of aspen trees in Utah. It has been noted as the largest living organism on the Earth. Below the ground where you cannot see, all of the roots have grown together as one. Those trees are not separate from one another but, in fact, are one. When a bug bites a leaf from one tree, it is felt in all of the trees. All of the trees send energy as a collective to fend off disease and because of this connection, the aspen grove is immortal.

Those trees are like you. The veil that you have designed so effectively keeps you from seeing your connection to each other and to the Earth. Act and think in unity consciousness and you will change your reality in the blink of an eye. This is how you will create the New Planet Earth.
The Changing Work Paradigm

From the moment humans took a denser form, your primary motivation has been survival. In the lower vibrations of the old energy, this was as it should be. At the same time this has caused misdirections of energy in many areas, for it did not allow you to see yourself in any way. In the time of your fathers and forefathers, the paradigm of work helped to ensure your survival. The essence of that old energy can be summed up in two words:

Work Hard.

In the lower vibrations from which you are now evolving, this was an effective truth. But now at last you are reaching for a higher truth. From the brutal Middle Ages to the Great Depression to the World Wars, you have learned one thing. The heir to the throne of forever cannot die. No longer are you being motivated by survival. Now your need for a higher truth and Unity consciousness is becoming more important than mere physical sustenance. Can you see why we are so very proud of you? You are taking your power and stepping into higher vibrations by choice!

As you evolve into higher vibrational levels, you require higher truths to support the new energy. We will speak more of this later as it is important. For now, we want you to know that one of these higher truths is that there is a new work paradigm.

In the higher vibrations of the New Planet Earth, your success will be directly proportional to the amount of joy and passion you experience on a daily basis. The essence of the new energy can also be defined by two words:

Work Passionate.

A Vortex Forms on the Sun

In early 2001, the Sun at the center of your solar system reversed its polarity. This was originally designed to bring the final stage of destruction to the old Earth. Now you have extended the Game. You are awakening at an astounding rate and taking your power. While they will now have a new outcome, some of the events scripted at the beginning will continue to unfold.

The reversal of the magnetic poles on the Sun sparked a series of events that were to have catastrophic effects on the Gameboard of free choice. After years of extreme climatic changes the Earth would have shifted its own polar fields and tilted its rotational axis. This would have been the sixth – and final – time the Earth has shifted in this manner.

The direction has now changed and, as further events unfold, the energies that were intended to bring the Game to an end will now be used to shift the Earth to the next level. As a direct result of the polar shift, a vortex formed on the sun. This vortex sent off energy flares into space that were originally designed to destroy the planet. Your original script was to have three big solar flares aimed directly at Earth within a one month period. Instead, it erupted into several solar flares. These flares will continue on a diminishing scale until 2006. At this time it appears that none of them will be pointed directly at the Earth.

Energy from these flares is being stored by the Earth in Her tectonic plates. This will be released as necessary to help Her make Her shift into higher dimensional levels. When this occurs, there will be some unusual signs and reactions.

On August 25, 2001, a solar flare occurred that tipped the scales, overloading the system just enough to spark a defensive reaction from the ‘Old Guard’ who, on 11th of September, displayed their fear in a harrowing way. [This was predicted by the Group four months prior in a live channel presented in Vienna, Austria. A transcript of that channel is included in the next]
Your connection to the Earth is much stronger than you know. You will have a great influence on the way this energy is assimilated into your reality. Your commitment to work together with the Earth will be the single largest influence as to how this energy will be assimilated.

**The Ring of Fire**

Watch the events in the Pacific in the years to come as this area is the barometer. The Pacific and the area known as the Ring of Fire form the heartbeat of your planet. Watch for increases in seismic and volcanic activity. Watch for eruptions and releases of energy in the Pacific Ocean itself.

These are evidence that the Crystal Energy from the sun is being assimilated into the Earth.

Please understand that this is an evolutionary process and not a single event. You will not suddenly wake up in a new energy and a new reality. By taking responsibility now for your own powers of creation, you will be helping the Earth to assimilate this energy peacefully. Your actions are directly correlated to the Earth’s reactions.

At this time, the next shift of the Sun’s polarity is set for late 2012. This will complete a cycle of engaging the New Energy that is now entering into your field for the creation of the New Planet Earth.

It has begun.

The New Planet Earth is here now.

Celebrate … Welcome Home

**The Second Planet of Free Choice**

As we have spoken, the Game was set up as a great experiment. To give total free choice to such a Gameboard has never before been done since the beginning of creation.

We tell you that, up until very recently, it did not appear that you would awaken. Now here you are and the love we have for you is beyond description. Imagine your favorite football team losing every game only to claim the highest trophy at the very last minute of the season. This is what you have done, only on a much larger scale. All eyes are upon you, for you are not just changing your own world; you are changing the paradigm of all that is.

The experiment of the planet of free choice was so successful that there is now a second planet of free choice. You will become very familiar with this second ‘Gameboard’ when the time is right. For now, please understand that your choices are honored more than you will ever know.

We are so very proud of your work. We know there are times when you feel alone, times when you cannot feel your own guidance, and times when you do not even trust yourself. Please know that you are never alone. Know that you are surrounded by the most wonderful family on both sides of the veil. We are the fans that believed in you the whole time you were losing the game. Now you hold the greatest of trophies and we are so honored to be in your presence.

It is with the greatest love that we ask you to treat each other with respect, nurture one another and play well together …

— the Group
Chapter 2
The Angel of the Twin Towers
Shining Light in the Shadow of Terror.


Prediction of the Twin Towers

The section you are about to read is taken directly from the transcript of a live channel presented at the Quill of Re-membrance seminar in Vienna, Austria on May 6, 2001.

These words have not been edited. When I channel live, I use different words and syntax than when I write. Consequently, I generally clean up the grammar and occasionally clarify the meaning before publishing a live channel. In this instance, I have changed nothing in the section you are about to read. As we commenced this channel, the Group immediately issued a warning. They predicted that in four months the Earth’s tectonic plates would start releasing stored energy and that this event had great potential for harm. They even described in general terms who would react and how. Four months and four days later, on September 11, 2001, terrorists attacked and destroyed the Twin Towers of the World Trade Center in New York.

A side note here is how fast world developments can change. Three days prior, we had presented a talk and live channel to the Esoteric Society at the United Nations in Vienna. The Group made no mention of the shocking events that were to come.

Interestingly, neither I nor any of the attendees at this seminar on May 6 consciously remembered the Group’s warning. The Group rarely gives predictions, so you can imagine my surprise when, on Christmas Eve, 2001, as I was editing this channel, I suddenly realized that they’d given us a warning. It was only then that I really understood the impact of what you are about to read.

Greetings from Home.

We bring you the vibrations of Home in this time together. This is a special time that you have been here. You have waited a very long time to be exactly here now. We are honored to be with you, for we are in the presence of masters. You are daring to script new contracts, daring to find your own Plan B, daring to reach for your passion. This was not foreseen when the Game was first scripted and, therefore, there are no books written about what is now happening. You have yet to write them. Write them well, dear ones. Take the pen firmly in your hand and write your passion, for that is what you came here to do. And you will do it well. Each one you touch, whether it be with a word, a smile, or the flash of your eyes, you will make a difference in the hearts that you touch. Fear them not for they will not hurt you. They will not drain you. You are well guided, for you are the ones that have asked to be here at just this moment, just this time. And there are three of you here in the room at this time who did not take an ample rest in between their incarnations. And even though your loved ones and your friends tried to talk you into waiting and resting and coming in later, you did not. You had to be here at exactly this time. And because of that some of you have been very tired during this lifetime. That is about to change.

The gifts that have been given you recently will start shifting the energy of the planet. Much of this energy is being stored in the tectonic plates as we speak, for it is coming from the
sun itself. What is happening is that the vortexes of energy are starting up in the different places on the planet right now, and you are beginning to feel a tug on your own biology as a result. Do not let this drain you. Ultimately this will be a gift, for you are being aligned to where your energy will be fed. Please re-member to breathe here and now, and to breathe in the energy of this day for it is so easy to get lost in tomorrow. The energy is being stored in the tectonic plates in the Earth at this moment. Over the next four months, there will be a charging of these plates. Then will begin a slow release of this energy to the surface of the planet. You will feel it. Most of you will feel this as a re-charging of your own energy. There may be some on the planet who are already charged.

There will be some leaders on the planet who may interpret this energy differently. This energy is change and the human resists change at all costs. There may be some of your leaders here that may actually reach to some of the old ways and try the old things. And they will try one more time to control the energy in the old ways.

That is why you are here. Stand firm in your truth. Let people see the flash in your eyes. Speak the truth in your heart. Let them see who you are, for you are the planters of the seeds. And those seeds have been planted well within your own being. We tell you they are in fertile ground, and they are about to bloom. Let everyone see the light in your own heart through your eyes, your smile, and your words. Fear not the opening of your heart chakra for everyone will feel it as you walk into the room. And in some small way, you will make a difference here on the planet. And to you it may seem like a very small thing but what we tell you is even those of you here in this room will change the course of all that is to come.

[This channel then continues with the Topic of the Nature of Contracts….which appears later in this book.]

Many people have since asked me why the Group did not give a warning about the tragic events of September 11, 2001. As we have just discovered, they did, but they were deliberately vague. This is because, while this event always existed as a possibility, there is no hard and fast Grand Plan. Firstly, the Group has specifically stated that we have evolved beyond scripts and that we are now writing the Grand Plan as we go. Secondly, they have always been very cautious about predicting negative events, for they say we are far more powerful than we know. What we think about, we create. As you have seen from the warning, their intention was not to plant seeds of fear, but rather, to issue a call to action.

The Day of September 11, 2001

The morning of September 11, Barbara and I were leaving for the airport … or so we thought. We were on our way to Mt. Shasta, California for the annual ESPAVO conference. We were traveling with several others and were waiting for Keith Smith to show up at our house so we could meet the others at the airport. Carol Holaday, the coordinator of the ESPAVO conference, called and told me that we were not going anywhere and that I should turn on the TV. I turned it on just in time to see the second plane hit the Twin Towers. We were all in shock and, rather than gathering at the airport, we all met at our house. We decided to drive 14 hours to Mt Shasta because it was even more important than before that we do something.

The ESPAVO conference is a week long event that we put on each year. This was to be the second one and we knew that people who came early were waiting for us. As we were waiting for the last person to show up at the house, the Group told me to sit and write. This is the
message that we placed on the web site just one hour after the attack.

Greetings from Home.

Dear ones, we watch as the Game of free choice now takes a very difficult turn. Please understand that there is no Grand Plan that is guiding your actions. You are creating the events of the Game in every moment and now there are enhanced creation abilities. With this enhanced creation also comes the ability to misdirect the energy. There are those who are of the belief that they can change the world to their way of thinking. We watch as we see the actions of a very few shift the energy for so many. The intent of the few was to create fear through which they could take control.

The absence of light is darkness. The absence of love is fear. Now is a time when you, as Lightworkers of the New Planet Earth, are being called to become beacons of light. Stand firm in your love as a beacon for all to see. Now is a time on the planet when you can make a difference by NOT falling prey to fear. It is easy to get caught up in the drama now playing out. Please hold the light during these times by attempting to keep on track with your own work of spreading the Light. Your light is needed more than ever now.

Work from the heart, dear ones, and know that, in much the same way as these few have affected many, you, too, can make a difference. Stay in your routines and do not allow this display of darkness to take control of your world. This is the time to use your own faith and be the Light.

Know that you are not alone. There is much support from the Angelic realm at this time. The energy infiltrating into the Earth has added to the tension. Resist the temptation to get caught up in the drama, and watch carefully your desire to lay blame or to point fingers. The gift of forgiveness is yours. It can only be accessed through the heart. Now is the time to put this tool to use. Please be calm and stand firm in your expression of the Light. Come together in Circles of Light and make your hearts heard through love and not through fear. The time is now here for all to see the real work of the Lightworkers. Stand firm and hold your light high for all to see. As this happens, the light will illuminate the shadows.

We love you dearly and stand proudly at your side during these times. The events intended to cause fear have opened an energetic door. Where that door leads is now up to you. Take your power and create the highest outcome to this situation and the Light will once again shine in the darkness. Come together and reach hearts through the tragedy you have experienced. From the rubble and the ashes, you will see a stronger Light emerge. Thank you for being here to make a difference now. Your love will be felt and amplified.

— the Group

The Espavo conference went really well. There were many who did not make it because of the airports closing. There were some who spent several days stuck in airports as they were already en route. This was a very special gathering and we all felt like we were there for the purpose of shifting the Light. The channel that was presented up on the mountain is available on the web site at the web address below and worth reading. It is entitled “Farewell to the Sword – Love over terror in the New Game.”

‘Cosmic Winks’

The Angel of the Twin Towers
A month or so after the Twin Towers were destroyed, I was using a printer in my office when I happened to glance up at a picture on the wall. It was a photograph I had taken in November 1996 of the Statue of Liberty in New York. We were there with Lee Carroll who channels Kryon, who was speaking at the SEAT at the United Nations. We were sight-seeing on the boat heading toward Ellis Island. When we got the film back, I was astonished to see an angel in the clouds. That was a real cosmic wink to me so I framed it and hung it in my office. I have looked at this picture thousands of times but on this occasion it was different. This time I was taken aback to discover there was a second cosmic wink in this photograph – the angel in the clouds is hovering directly over the Twin Towers.

“There are times when we, as angels, see where you are heading. We watch with love, yet we will not interfere with your prime directive of free choice. Our message is meant to empower, and to interfere would take your power from you. In those situations we touch you with the ‘cosmic winks’ that leave lasting impressions on your hearts.

Know that you are NEVER alone.

The Angel of the Twin Towers. You can see this picture in full color on the web site at: http://www.lightworker.com/articles/TTAngel.shtml
Section II
The New Planet Earth
Attributes of a New Reality
Chapter 3
The Hidden Universe
Inter-dimensional Realities and the Thinning Veil

The ascension is well underway. According to the Group, we will be seeing things that at first we may not understand. It is now time to plant the seeds of knowledge in fertile ground. Then, as the veil thins, we may finally begin to understand.

Greetings from Home
We tell you that there is much work being done right now to build a bridge that will span the dimensional levels of your own time and space. Your science is only now beginning to understand that the theory they have been searching for that will apply to both the very small and the very large, is only explainable if you understand inter-dimensional levels. Today we will speak of the exciting possibilities that lay ahead for the human race. You are at a very special time in the history of the Earth.

Allow us to reflect you from an energy perspective for a moment. We have told you that the human race is an integral part of the energy structure you know as the Earth. Some day soon you will find yourselves traveling far into space, light-years away from your home planet. But no matter how far you travel, you will never sever the energetic connection you have with the Earth. Even though your travels into space will bring you a broader understanding of your own true nature, they do not compare with the inter-dimensional wonders that await you now.

The Earth's Higher Self
To explain alternate dimensional realities, let us begin with the basics. If you examine your own energetic matrices, you know that you are more than your physical being. You inhabit bubbles of biology that house some, but not all, of your energy. They hold only a small portion of who you really are. The overflow of this energy is what you know to be your Higher Self. Your own energetic matrix reaches far beyond your physical body. These energy matrices are energy bodies that extend beyond your own body. Now we ask you to look at the energetic matrix of the Earth as a similar structure. We tell you that She also is a sentient, living being with many levels reaching outside of Her physical body. She, too, has an energetic portion of Her being that does not contain Her full energy. The overflow of the energy you know to be Earth is divided into dimensional levels of vibration.

For the moment please think of these levels as musical notes. If two notes are played that are within close range they have a relationship to each other and thus will interact quite well. If, however, you play the uppermost notes on a keyboard in conjunction with the lowermost notes, the listener has difficulty relating these notes together and there is limited interaction. In fact, they almost do not seem to fit together at all. This is because two notes that do not complement each other have the effect of canceling each other out. In the same way, your biology has only been capable of interacting between specific ranges of vibration. There are many notes that you are still unable to hear or see.

You can see and interact with some of these dimensional levels on the Gameboard. The first of these levels is the molten earth that comprises the center of your planet. This is the core of Her physical body, both physically and energetically. Next in line comes the densest part of Her body – the rocks and solid earth. Since this is a form of life that is very different from your
own dimensional reality, it is not yet possible for you to communicate with a boulder. Still, these rock formations are a form of life and many of you are beginning to realize that communication is possible.

**Crystal Power**

The crystals that power the Earth’s internal navigational system are another form of this dense level of life. Therefore, crystals have properties that are more human-like than the boulders that make up your mountains. Crystals hold a variety of vibrations and even have the ability of crossing the dimensional lines of reality. Therefore, they have the ability to exist in several dimensions simultaneously holding the energy of each. It is these inter-dimensional properties that actually make up the crystalline grids of the Earth.

One of the next levels is what you know to be plant life. Your research has shown that plants have feelings and react in a very similar manner energetically to humans. Your own emotional state can easily be transferred to plants. Though they do not have the same senses as you, their sense of absorption is greatly enhanced. They can easily absorb emotional energy from other plants or humans. They ‘feel’ love, pain and even fear. Their energy sustains you on the planet, as energy is often passed from one dimensional level to another. This is what you have termed the food chain, and what we see as the energy chain. If you understand that nothing ever dies, then it is easier to see the energy flow in its true form. In this fashion, you can easily see that plant life on planet Earth is an integral part of the Mothers Higher Self.

Please keep in mind that, from your perspective, you are looking at plant life from a higher vibrational state. Therefore, it is easy to see how plants span the energetic gap between the dense boulders of Earth and the ethereal spirit of man. Understand that, as you view levels of dimension that are closer to your own vibration, this energy flow is more difficult to discern. The animal life which we will examine next is a perfect example of this.

As we move outward into less dense bodies, the next dimensional level is what you know to be animals. This dimensional level is very close to your own and, therefore, you can look into their eyes and see much more of your own reflection. Their vibrations are very close to your own and, in the example of the piano keyboard, their note range is very close to your own. Thus, you can relate and interact harmoniously with animals. Animal life is so close to your own vibration that it is even possible for you to interact on higher levels of existence with them. For instance, it is possible for you to make contracts to work together with an animal during a lifetime, whereas it is not common practice to do that with a boulder. Animals balance the energy of the planet in much the same way as plants do. The difference is that animals are much closer to the human vibrational range, whereas plants are closer to the dense physical body of minerals.

We have just described for you three levels of dimensional realities on Planet Earth. There are many more, including what you call fish and insects. You can see how these realities do not always interact with each other. Dimensional realities that are close to one another can interact on more levels. For instance, you cannot ask a fish how their day is going. Although you may not get an audible answer, you will get a response if you ask that same question of a dog. The human animal is one of these dimensional realities, and all of you are, in effect, parts of the Higher Self of Mother Earth.

These dimensional realities reach far beyond your understanding at this time but more will be revealed soon. There are, in fact, many more dimensional realities that exist within the same time and space on Mother Earth. The four we have just illustrated for you are only the beginning of the larger picture to which you are just now awakening.
Dimensional Realities

The many dimensional levels of vibration that exist on the Gameboard are wondrous beyond description. Understanding inter-dimensional levels can be as simple as diving into a pool of water. Underwater, your communications are limited. The ways you interact with your surroundings are different and even the rules of gravity have a different effect. Becoming accustomed to alternate realities is a big step in your evolution as humans. Learning to move between inter-dimensional levels will help to take you to the next level of human evolution. The beauty of the underwater world is only a sample of the many dimensional levels that await you.

The Extended Human Senses

Your own biology has enabled you to comfortably interact with your 3rd dimensional reality. With humanity moving to higher vibrational status, your biology is adapting to interact with higher dimensions. When you close your eyes, you may start to see flashes of light emanating from the center of your forehead. Your hearing is being affected, with many people becoming aware of a low ringing or buzzing tone. Many humans are extending the range of vibrational sensitivity of their eyes. It will not be long before you begin to see colors that have not been detectable prior. Many humans now are already gaining brief glimpses into other dimensions of space and time. These are the shadow figures that often appear in your peripheral vision. You may think that others are in the room with you, yet when you turn to look at them directly, they dissolve. These sightings are evidence that your own human senses are expanding.

We have spoken previously of another sense that you are not yet aware. This is the sense of absorption. This is the manner in which your own biology receives energy. The way you take in energy when it first enters your field is determined by the energy matrix that you chose for your current incarnation. Your sense of absorption determines the degree of sensitivity that you have to your surroundings. Your sense of absorption is undergoing many advances at this time in your evolution. Empathic people have a much heightened sense of absorption. Many healers are emotional empaths who tune in to the emotional level of vibrations only. What you call psychic abilities are actually well honed senses of absorption that span many ranges of vibration. When we first started relaying these messages through the Keeper, we asked you to imagine a time when everyone had access to all thoughts, and all would know intuitively what everyone else was thinking. We tell you now that this time has begun. In the higher vibrations of the New Planet Earth, things will be different. In this new world you are building …

There Will Be No More Secrets

Your leaders are becoming increasingly aware of the new power within all humans. Look to the leaders of your world, who in the past have often told you one thing and done another. In the higher vibrations of the New Planet Earth, this will no longer be so easy. The veil is thinning, and as it does, you will all see that you are not separate from one another. The field of polarity in which you have played this Game has given you an illusion of separateness. Understand that as the veil thins even more, you will all have access to the connection that you all share. This is the reason that there is an increase in what you call channeling and divine inspiration.

The door has swung open. You are standing at the threshold, surveying the realities that now lay before you. We have told you time and again that you live in very exciting times. There you stand, looking into another world yet you do not know what it means or what to do next. Let us re-mind you here to enjoy the road that lies ahead, for you will never be at this juncture again.
Through your choices, the collective vibrational level of humanity has risen to a level that will now support connection between many of the realities that have existed within your own time and space.

**Shadow Figures**

The shadow figures that you see out of the corner of your eye are from other dimensional realities that exist within the same space as your own. The moment you turn to see these figures, they disappear as quickly as they came. You will find this happening more often now as you move forward into evolution. As your eyes adjust to the new vibrational ranges, these sightings will increase, and as you advance further you will be able to see other realities existing within the same physical space that you inhabit. Time and space are interrelated and these are actually other dimensions of time, or what we have termed ‘dimensional and inter-dimensional realities.’ Most of these realities are separated vibrationally and have little crossover from one to the other. The ‘you’ that you know may also be living a different life with other people and circumstances within one of these realities. Those whom you know to have multiple personality disorder have simply lost touch with the conscious control mechanism that keeps these realities separate. Imagine that there are entire worlds that exist within the same physical space of your own home.

Your human evolution is now making it possible for you to see into these other dimensions of time. However, it will be some time before you can interact with these dimensions on a conscious level, for many are not as advanced as your own. In such instances, you may see them but they will not see you. Still it may be possible for you to observe life in a reality slightly different from your own. Although this reality may hold people and things that appear to be much like your own, you will find different inventions and alternate solutions to the problems that you experience in your own world. There have always been some of you who can tap into these worlds and dance for a brief time in these realities.
Did you really think that the science fiction writings that you love so are all a fabrication?

**Auras - A Light-Link Between Realities**

You will often see these beings as if they were backlit. You may also see outlines of light, much like a thin but very bright aura. This light is, in fact, a connection point that ties them in to the other dimensions of time. In your own dimensional reality, you cannot see these connection points very clearly. To you they are often vague and lacking definition. These are what you have called Auras. In reality, they are the point where your dimension of time blends into others. You perceive the auras as light and energy.

**Proud Third-Graders**

Your humanness would tell you that anything that you do not understand must be above you in the grand scheme of things. You are such wonderful beings and so imaginative! There is no grand scheme of anything, for the simple reason that you have yet to write it. Still, as humans, you love to give your power away to all things that you do not understand. You have spent much of your existence reaching for higher vibrations and higher truths and, therefore, you believe that a higher vibration is better than a lower vibration. Please understand that, from our perspective, one level is no better than another. We ask you, is your fourth grade better than the third? Please understand that spiritual competition is one of the destructive forces that sank Atlantis. Do not allow yourselves to go there again.

With this understanding firmly in place, we will tell you that there are many levels of dimensional realities that exist within your own time and space. Some of them are of a lower frequency than yours and some of them are higher. As you begin to see into the worlds that exist within your own world, you need to be aware that the higher vibrational realities will see you, and you them. The lower vibrational realities will not see you, even though you can view and even step into their reality. Please understand that, even though some of these realities may be more advanced than you in technology and evolution, it is you who holds the power. It is as if the third grade has made advances that will now facilitate the graduation of the entire school.

You have advanced all levels of vibration through your own reality and the awakening that you are now experiencing. In the days ahead, you will come into contact with many who profess to be your overseers and even your judges. They will seem to appear magically, and they will dazzle you with their powers, saying that humans have now reached a vibrational status high enough to allow contact with their advanced vibration.

Please re-member that, if they could have done what you did, they would have done it. You are the ones who have shifted the paradigm of all that is. Enjoy these contacts for what they are: Other realities and other games being played out in the cosmos. Never give your power to anyone other than yourself. Look for those who support you in love and harmony and allow you to find your highest power alongside them. These are the ones you will invite to walk beside you in the new game.

**Levels of Vibration**

It is easy for you to see that we are in a much higher vibrational state than you are. We tell you that we do not keep an open dialog with you at all times. There are only brief times that we spend together planting these seeds of empowerment. Now you are at a stage where your own guides have established a new relationship to you. They have stepped back to allow you to trust
your own power.

This is because you have moved several levels of vibration at one time. It is also important for you to know that, being of a higher vibration, it is necessary for us to intentionally lower our vibration in order to communicate on this level. It is much easier on us now that you have raised your vibration as a collective of humans. This is the reason you now see so many more communications from our side of the veil.

We have told the Keeper that we will be with him always, as we always have been. Yet there will come a time when he will no longer seek our advice. That is because he and all humans are now in the process of establishing constant communion with their own higher selves. When this happens, we will have completed our greatest task. In the interim, we tell you that it is not possible for us to constantly lower our vibrations. It is therefore easier for us to stay in constant harmony with one person, such as the Keeper. The reason we are describing this process is that you will soon be discovering how to lower your own vibrational level in order to interact with the dimensional realities from the Second Planet of Free Choice that will become part of your Game.

In the same way that we have had to lower our vibration in order to communicate with you, you also will find that it takes a lot of energy to sustain such a connection. If you cannot sustain the energy during these connections, it can create a vacuum that could manifest in your emotional body as fear.

To illustrate this point, we will speak of some who have already been connecting to lower vibrational entities. Your stories of ghost hauntings, evil and the like, often stem from short trips that an imaginative writer has taken into lower vibrational realities. These short interludes have provided an endless supply of material for many of your popular writers of horror stories. Humans love to see themselves reflected in this manner. You so love to be scared.

Enjoy the ride, dear ones, and do not worry about how you have your fun. Just understand two points: If you begin to find yourself in a reality full of fear, there is really nothing to be afraid of, for it is only a reality with a lower vibration than your own. Secondly, in the same way that many of you recognize us as angels, this is how you will appear to the inhabitants of the lower dimensional reality that exists on the Second Planet of Free Choice.

**Extra-terrestrials**

We have told you that there are many other Games taking place simultaneously throughout all that is. We also tell you that there are overtone levels of dimensions that support life of a higher vibration within your own time and space. Most of you have yet to see these beings, although they can see you. Many of these beings are those who helped you create the game you are now playing. Some of these are your own parental races. Tales of people living within the Earth and space travelers have abounded since you began telling stories. We tell you that the space crafts you see rarely travel into space. Rather, they simply shift into other dimensions of time. You may see them as crafts capable of great speeds and able to defy the laws of gravity. We tell you that all of these are easily achievable with the technology that you currently have when you understand how to shift dimensions. It is only when these crafts are in a resonant vibration to your own that they can be seen. Fear them not, for they do not have the ability to control you without your permission. Humans are stepping into their own empowerment to a level that these beings will become visible in your world.

Some of these beings have been working with your governments for some time. Please do not allow yourselves to fall into the drama of conspiracy theories. None of that is important and
the drama can be quite destructive. Let us just say that contact has been made many times in the history of your Game. These beings of higher vibration have often brought in the promise of new technology to trade with your governments. However, since your Game only supports technology in exact relation to the collective level of your vibrational advancement, it has not worked the same for you as it has for them. What you have called the Philadelphia Experiment and the Montauk Project are prime examples of such attempted interventions. Government officials have been enticed by the promise and demonstration of high technology toys of war. If only they knew that on the Gameboard of Free Choice, it is no longer possible to use high technology for low vibrational applications, they would understand why they have been frustrated in their attempts to utilize this information.

Many of these beings have been watching you in much the same way that you would watch actors in a drama on your televisions. We find it very humorous that you have made movies about people who have spent their existence on a stage as players being the star of the show. [This was a reference to movies such as Ed T.V. and The Truman Show.] We see you in much the same way as the characters in these movies. There are events going on behind the scenes that you do not see. In fact, there are many shows being enacted in differing levels of vibration on the same stage as yours. This would equate to the many television channels that run simultaneously. You have only to decide which channel to tune into.

At your current level, it is difficult for you to understand the truth about who is who. We will tell you that the dimensional overtone level that you presently occupy is the level that is attracting the most attention from the Universe at this time. Yours is the level that is creating the greatest change in the history of the Game.

A Quiet Space Landing

You will soon make contact with those beings you have termed as extraterrestrials. They have been waiting patiently, watching you advancing. You are not alone in the Universe. It is important to know that there also are many races who are not as advanced as you are. You have waged many wars over your differences. If you think that you on Earth are different from one another, then you will be in for quite a shock when you see what awaits you. We love your attraction to meeting what you call extra-terrestrials. We tell you this is quite humorous to us as none of you are originally from Earth!

To you the Universe appears to be vast but much of what you perceive as space is illusory. When you begin to understand the true nature of time and space, you will have the secret of traveling vast distances in the blink of an eye. Then you will make contact with these beings on their own home ground. In the meantime, they are waiting patiently in the inter-dimensional realities of which you are now becoming aware. Although you will be in awe of these beings when they greet you, we ask that you hold your power firmly and understand that they, too, are in a changing environment because of the choices that you have made on the Gameboard of Free Choice. You have earned your power, so use it well and understand that it is no longer appropriate to give it away to anyone or anything. Keep in mind that, if you were of no real significance, they would not be watching you with such intensity.

You will begin to meet them as you advance to higher vibrational status. Since you will not all achieve this status at the same time, they will infiltrate your reality slowly. For this reason, it may be a long time before you see a scheduled space landing on CNN. Still, many of you will begin to interact with these beings within the next two years. They will intermingle with your own reality very quietly at first. In time, you will come to understand that some of the beings you
have called ETs are actually yourselves in another dimension of time and space.

**Inter-Dimensional Realities**

Each inter-dimensional reality has a unique vibration and can therefore be kept separate from one another. If you look at the technology that you call fiber optics, you will see an analogy, for in this technology, it is possible to house thousands of signals [telephone calls] in one strand of light by assigning each a unique carrier frequency upon which to travel. These signals do not intermingle or interfere with each other, because each carrier wave is unique. Now imagine a carrier frequency that has the ability to vary its base vibration and, therefore, its unique frequency. We have termed these variable frequencies ‘inter-dimensional realities’ because they have the ability to intersect many alternate realities. While these frequencies are tunable to some degree, it is not possible to tune directly into an inter-dimensional reality; it is only possible to tune into a harmonic, or overtone level, of a reality. This is why a being in one inter-dimensional reality can only be seen as a shadowy figure in the next. This also explains why shadow figures dissipate the moment you focus on them.

**Ghosts and Purgatory**

It is these harmonic levels that you first visit upon leaving your physical bodies. When leaving the physical plane, the level you first encounter is an inter-dimensional, harmonic level of reality that has similar attributes to the reality you inhabited in physical form. This is the interim level that has been interpreted in your religious writings as Purgatory. It has nothing to do with judgment, for judgment does not exist outside of your field of polarity. We find it very amusing that you would take such a normal process and manipulate it for purposes of control. The one we find most amusing is your fabrication of what you call Hell.

As you leave the physical and enter this first level, it looks and feels like the level you occupied when in physical form. This is why some get stuck here, thinking they are still alive. If there is strong emotional resistance to moving on [i.e., fear or anger], one may remain in this state until the emotion is released. Those who get stuck here are the ones you call ghosts. We also tell you that it is entirely possible to be held in this state by those still in the physical who will not let go of the one who has graduated. Once released, souls can easily interact from the much higher vibrational state you know to be Heaven, or Home.

**Using Alternate Realities**

You see your existence as one person interacting with other people. We tell you that there is much more than you have imagined. As you uncover the existence of inter-dimensional realities, you will see that you have several realities existing simultaneously within the past, present and the future. As we have mentioned above, it is the Aura that is the light-link to these dimensional realities. Imagine that there are several of you existing side by side. Each of you may make different choices and exist in slightly different worlds and circumstances. You have always had the ability to jump from one inter-dimensional reality to another. All things are possible on the Gameboard of Free Choice. You have only to choose your reality and then accept it. It is even possible to pull certain aspects from one alternate reality into another. While very few have accomplished this feat, these possibilities are available to each of you now. In earlier Re-minders from Home, we have given suggestions on jumping between realities through changing your point of perception. We tell you that your point of perception is critical to your success at dimensional shifting. First, become aware that this is an important part of the shifting process.
Then exercise this ability by constantly choosing to view every event in your life from the highest point of perception. Practice changing your angle of perception and develop the habit of first positioning. This will set the stage for your next step into time shifting. [See story of Nora at the conclusion of this chapter.]

**Time Shifting**

Your collective vibration of humanity is now allowing you to see into other dimensions of time. Practicing intentional control of time will prepare you for walking between the worlds of dimensional realities. Your preparation will set the stage for what is now unfolding. This material is covered elsewhere so we will not repeat it here. [See the Chapter on Alternate Realities in the first book from the Group entitled *Re-member - a Handbook for Human Evolution.*]

**Vortexes - Anchoring Dimensional Realities**

A vortex is simply energy moving in a circular motion. When a vortex occurs naturally on Earth, you are able to feel the wonderful energy it creates. Vortices can be caused by a number of different stimuli. Commonly, vortices can be found where a breeze travels down a canyon and hits the side of a mountain to be re-directed in a circular motion. A tornado is a form of unanchored vortex that can be quite destructive. Vortices can be male or female (point up or down) and can travel either clockwise or counterclockwise. There are naturally forming vortices and those created through human intention. It is even possible to have your own personal vortex around you. There are many more attributes to a vortex – including personality – but for now we will speak only in general terms.

A vortex is an energy form that has the same attributes in all dimensional realities and is also the one form of energy that can traverse all dimensional realities. When a vortex is anchored into the Earth and nurtured through human intent, it becomes a portal to other dimensions. In time, these portals will become the vehicles for inter-dimensional travel through time and space. Many will visit Earth through such time portals to see how the Game was played on the Gameboard of Free Choice.

**Guardians of the Vortex Awaken**

There are those of you who felt this call many years ago and, through your own intent and dedication, began to form the energy portals on planet Earth. We see these portals as swirling energy signatures. Some of you have been drawn purposely to open new portals of energy in various parts of the planet. We tell you that this has been very powerful work and has accomplished much. The energy signatures that formed the potential vortices have been waiting a long time to be activated. There are also many people whom we know to be the Guardians of the New Energy. These are people who form the nucleus of, and nurture, a particular vortex of energy. These people often travel to other places to help in the opening of new vortices or visit an established vortex to return home and strengthen the energy of their own portal. These swirling energy signatures will be the portals that will ultimately link the dimensional realities together. Your work with the vortices will reveal much in the years ahead, as it will lead you to understand what exists in your own back yard!

**Forming a Vortex with the Breath of Life**

Let us offer a suggestion for forming an intentional vortex in a group. First form a circle
holding each other’s hands. This circle is the basis of the vortex. Together, take a deep breath and connect your energies to the Earth. Ask for Her involvement in the work you are about to do. Ask Her in which direction she would like the vortex of energy to flow. If the energy is to move from left to right then start the energy flowing, slowly at first, in through each person’s left hand and out through their right, or vice versa. As the energy moves in through your hand, turn to face the person passing you the energy and inhale the breath of life as the energy enters your hand. Turning your face to the person on your right, release the breath as the energy leaves your right hand. Continue circulating both the breath and the energy in the designated direction. When the energy feels right, speed up the circulation of energy but now return to normal breathing. In passing the energy you can visualize that it is now forming a vortex similar to a funnel. At the base it is moving very slowly, yet as the energy extends upwards, it gains speed and intensity. When the time is right, take the entire vortex and gently visualize it entering the Mother, anchoring the energy of the Light into the grids of the Earth.

With this simple exercise, you have intentionally created an energy vortex that will anchor the light and attract others of like vibration. This one act alone will help the Earth assimilate the Crystal Energy.

**Learning to ‘Walk’ in other Dimensions**

Many of you have found ways of projecting your being through time and space. You have accomplished this through your dreams and even through what you call astral projection. You are now beginning to see that this type of travel is possible in a fully conscious state. The attributes of each dimension are different. In the same way that water, light, sound and even gravity are altered in a pool of water, so, too, do your own senses react differently in other realities.

Even now humans can begin to visit other dimensions and delve into their own alternate realities. These are the vivid dreams that are now becoming a part of your experience. Dance in this new light, dear ones. You have earned the right. Stretch the limits and practice. Form a vortex and begin to dabble in alternate worlds. Begin the creation of Home on your side of the veil. Take the best from all realities and blend them together for the creation of Heaven on Earth. The time has come. Your own power is before you.

It is with the greatest of pleasure that we ask you to treat each other with respect, nurture one another and play well together.

— the Group

In one of our seminars, we present an entire segment on using alternate realities. In this material, the Group talked about three ways of shifting realities that can be used in our lives right now. The first is learning to move the camera of life to view every event against the best possible background. The second is developing the habit of first positioning of this camera. The third is Time Shifting. These are covered in more detail in the chapter on alternate realities in book 1. In illustrating this point of developing a habit of first positioning, I like to tell a story about a beautiful soul named Nora.

Nora is not of this Earth but is here in physical form. She is a special being who flitters around from experience to experience, only deciding what role she will play as she approaches each moment. Nora is a master at changing realities. She is one who is not afraid of her power and has developed a healthy habit of highest first positioning.

One day I was taking Nora to lunch. She was driving a four wheel drive vehicle. Nora flits around even when driving her car. She kept turning to make eye contact with me while she was
talking. I found this more than a little unnerving. Then, as we were driving through a very exclusive area … bang!

Nora hit the car in front of us, which, as luck would have it, just happened to be a very nice Mercedes. The people in the Mercedes were clearly agitated. The driver got out of his car. It was obvious that he was having a hard time controlling his anger. As he looked at Nora still sitting in the driver’s seat of her car, his energy was intentionally threatening. I started to get out but Nora stopped me. In that instant, she had just a split second to determine the ‘angle from which she would view this event.’ She looked me right in the eye and said, “Watch this.”

I watched as the man began to get angry. Then Nora would talk and he would respond. Every time he talked, he became a little calmer. Soon his wife joined them in the street. It wasn’t long before they were all laughing.

Nora and I never did get to lunch alone together that day. It turned out that the people in the car were heading to the same restaurant. They bought us lunch. It transpired that the car was on loan from the agency that was repairing their own Mercedes. The gentleman had taken out a damage waiver on the loaner and so never reported the incident. Nora’s car was not even scratched. In that split second, Nora had created a miracle. She refused to accept a reality that did not suit her and I got to see the art of highest first positioning in action.

Thanks, Nora!